

Litton named citizen of the year for quiet service to students

BY BROOKE KELTNER
JOHNSTON CITY SCHOOLS
(UPDATED BY ARROW NEWS)
For nearly three decades, Cheri Litton has quietly supported Johnston City students and families through the J.C. Manna Mission. Now, that lifelong dedication has earned her statewide recognition.

Litton has been named 2025 Citizen of the Year by the Illinois Association of School Social Workers, the world's largest school social work organization. The award honors Illinois residents who go above and beyond to advocate for children and public education.

Ashley Huey, social worker at Washington Middle School, nominated Litton after witnessing her ongoing generosity. "Cheri always provides personal items for students

throughout the school year that no one knows about," Huey said. "When a child needs shoes, a coat, or gloves, she makes sure they have them—no questions asked."

CONTINUED ON PAGE 3



IASSA Citizen of the Year Award winner Cheri Litton with her daughter Melanie Litton Emery (Photo source: Cheri Griggs Litton Facebook page)

INSIDE →

- 2 MARTIN LUTHER'S DOG
- 3 COMMUNITY CALENDAR
- 4 1st GRADE TURKEY RECIPES
- 5 COLORING CONTEST
- 6 A SMART LIFE DON'T BE SCAMMED
- 7 A FAMILY'S ULTIMATE SACRIFICE
- 8 A PERFECT 9-0

DON'T MISS THESE NOVEMBER EVENTS...

- 1ST St. Paul Spaghetti Supper 11:00-6:00
- 2ND Class of '71 Chicken & Dumplings 11:00-2:00
- 8TH 10 Commandment Hike 10:30
- 23RD Community Thanksgiving Service 6:00

Take a hike—with the Ten Commandments

Faith, fellowship, and fresh air at Arrowhead Lake

BY RANDY CARNEY
Looking for a fun and meaningful family outing? Lace up those walking shoes and head to Arrowhead Lake on Saturday, November 8, for the Johnston City Ministerial Alliance's Third Annual Ten Commandments Hike, proudly sponsored by Banterra Bank.

This isn't your average stroll through the park. Along a 2.25-mile trail, small groups will stop at ten teaching stations, each highlighting one of the Ten Commandments and its modern-day importance. Expect to walk, laugh, and learn as local pastors, educators, and volunteers share messages of faith and reflection.

Past participants say the experience left a lasting

impact: "God is our only Lord." "Even if you break some of the commandments, just put your trust in God." "Honoring your parents leads to a better relationship with God." "This was really fun. We'll be back next year!"

At the finish line, hikers will be greeted with hot dogs, chips, and cookies, compliments of Banterra Bank. Starla Waters, Johnston City branch manager, said the bank was "eager to support such a positive community event."

Every hiker will receive a commemorative patch, with returning participants eligible to add this year's rocker bar to their collection.

Registration begins at 10:30 a.m., so come early, bring your family, friends, or youth group, and enjoy a day that blends faith, fel-

lowship, and the great outdoors.

Because this is one walk worth taking.

JCMA to combine Thanksgiving Service with Sunday Night Sing

On Sunday, November 23, the Johnston City Ministerial Alliance will merge its annual Community Thanksgiving Service with the Sunday Night Sing, typically held on fifth Sundays. The combined event begins at 6:00 p.m. at JCity Church, 609 Monroe Street (corner of Broadway and Monroe) in Johnston City.

Local churches will share special music, and Paul Jacob, pastor of First United Methodist Church, will deliver the message. Following the service, everyone is invited to stay for pie and fellowship.



A wreath placed by the Rotary at a veteran's grave in Lakeview Cemetery..

Rotary Club leads effort to honor veterans at Lakeview Cemetery

BY DON McCHESNEY
The Johnston City Rotary Club is spearheading a campaign to honor veterans through the *Wreaths Across America* program, a nationwide effort to place remembrance wreaths on the graves of U.S. service members.

The club reports its fundraiser at the four-way stop on Broadway brought in \$755 toward the project. The goal is to place more than

900 wreaths on the graves of veterans at Lakeview Cemetery on Old Frankfort Road.

The wreaths, each costing \$17, symbolize gratitude and remembrance for those who served. So far, about 500 wreaths have been purchased, leaving roughly 400 more needed to cover every veteran's grave.

The club encourages individuals, families,

CONTINUED ON PAGE 3

3RD ANNUAL JOHNSTON CITY MINISTERIAL ALLIANCE
10 COMMANDMENTS HIKE
ARROWHEAD LAKE, JOHNSTON CITY, IL

SATURDAY, NOVEMBER 8
REGISTRATION 10:30 AM

Lunch Provided
For more information
call 618-952-1272

ARROW NEWS
VIDEO PODCAST
Scan code to watch now

Banterra 50 years

VOLUME 3 • NUMBER 11

JOHNSTON CITY'S HOMETOWN CHRISTMAS

SATURDAY
NOVEMBER 29
3:00-5:00 P.M.

Faith like a dog? Martin Luther and his four-legged friend

BY KEITH FLETCHER

Every October 31, Christians around the world remember the hammer blows that echoed through Wittenberg in 1517, when Martin Luther nailed his 95 Theses to the church door and set in motion the Protestant Reformation. Yet beyond the bold reformer and fiery theologian, Luther was also a husband, a father—and a man who loved his dog.

Amid the swirl of debate and danger that followed his challenge to the medieval Church, Luther found comfort in family life at the old Augustinian monastery he shared with his wife, Katharina von Bora, and their children. Visitors who gathered around his

supper table often recorded his off-the-cuff remarks in a book later known as *Table Talk*.

There, tucked among discussions of faith and scripture, are glimpses of everyday warmth—especially toward a small, shaggy dog named *Tölpel* (a German word meaning “blockhead” or “clumsy one”).

Luther delighted in *Tölpel*’s loyal companionship, but he also saw in the animal a sermon waiting to be preached.

Looking at his dog one evening, he mused, “Oh, if I could only pray the way this dog watches the meat! All his thoughts are concentrated on that piece of meat. He has no other wish,



no other care.”

To Luther, *Tölpel*’s single-minded trust mirrored the way believers should look to God—expectantly, faithfully, without dis-

traction. In a world filled with human striving, the little dog reminded him that *faith is not about performing, but trusting.*

For Luther, theology was never cold theory; it lived in kitchens, gardens, and, yes, kennels. His affection for *Tölpel* showed the reformer’s conviction that God’s goodness

was woven into the simple joys of daily life. In his sermons, he often used homely images—a bird gathering worms for its young, a flower blooming in the field—to

express spiritual truth.

Tölpel fit right into that worldview. The Reformer who shook Europe’s cathedrals also knelt to scratch his dog behind the ears and smile at a creature whose trust needed no translation.

A Reformation Reminder

As churches commemorate Reformation Day each October 31, the image of Martin Luther and his loyal *Tölpel* offers a gentle reminder: faith is not only hammered out on cathedral doors but also lived out in quiet companionship and humble trust.

Five centuries later, Luther’s words still echo—not just in theological libraries, but in every home where a faithful dog waits by the table, watching and believing that his master will provide.



Hope on the third Thursday

Students, seniors join hands to feed Johnston City

BY JIMMY DEAN

It seems like bad news is everywhere these days. Turn on the TV or radio, scroll through your phone, or pick up a newspaper, and there it is again—another shooting, another war, another tragedy. In times like these, it’s easy to forget that good still exists. But I get to see it—every single month.

On the third Thursday of



Jimmy Dean is a freelance writer and former mayor of Johnston City. He can be reached at jrdean@mchsi.com.

each month, I volunteer at our local food pantry. About 20 volunteers, many of them seniors, gather to help distribute groceries to families in need. For the past several years, this small act



ABOVE: JCHS students help unload food. LEFT: (L-R) Brenley Trout, Jaycie Will, Sophie Walker, Gracie West, Luke Davis, Logan Moore (JCHS photo).

of service has been a steady reminder of what’s right in the world.

Last year, as the school year was winding down, I reached out to the sponsors of two Johnston City High School clubs—the National Honor Society and the Student Council—to see if their members might like to join us. What happened next restored my faith in the next generation.

From that point on, five students and a faculty sponsor began showing up faithfully each month. The girls often worked the food line, greeting clients and handing out items, while the boys unloaded the truck and carried groceries to cars. You could see mutual respect in every exchange. “Thank you” and “you’re welcome” echoed through the morning.

Two Honor Society members even returned over the summer—on their own time—to lend a hand. And this November, we’re expecting help from some of the high school football players as well.

The students’ comments say it all:

“I didn’t know there were so many hungry people.”
 “This really opened my eyes.”
 “It made me realize how fortunate I am.”
 “I want to help as much as I can.”

Hearing words like that makes me proud—not only of these young people, but of our community. They remind us that Johnston City still has a heart, still has hope, and still has people—young and old—who care deeply about one another.

In a world filled with bad headlines, the third Thursday at the food pantry proves something simple and profound: There is far more good out there than bad.

A Season of Thanksgiving

BY PAUL JACOB

Maybe, finally, it’s beginning to feel like fall—a little cooler weather, leaves turning color and drifting to the ground (or more likely, into the gutters).

Fall is a favorite time of the year. I don’t handle heat and humidity quite like I used to, so I enjoy the cooler evenings—especially visiting with friends around a fire, roasting hot dogs, and making s’mores.

It’s a season for preparing for winter and celebrating Thanksgiving. Although our family tries to get together, we struggle to accomplish this with kids and grandkids scattered around the country. Nevertheless, we find a way to share a meal with all who can come and give thanks for the truly good life we have.

For those of us who follow Jesus, Thanksgiving feels especially fitting. We are a people who understand that we have much to be thankful for—blessings both material and spiritual.

When Moses prepared the people of Israel to enter the Promised Land, he reminded them of all that God had given them and urged

them to keep His commands, laws, and decrees.

In Deuteronomy 8:10-14, Moses cautioned:

“When you have eaten and are satisfied, praise the LORD your God for the good land he has given you. Be careful that you do not forget the LORD your God, failing to observe his commands, his laws and his decrees that I am giving you this day. Otherwise, when you eat and are satisfied, when you build fine houses and settle down, and when your herds and flocks grow large and your silver and gold increase and all you have is multiplied, then your heart will become proud and you will forget the LORD your God, who brought you out of Egypt, out of the land of slavery.”

Like those who entered the Promised Land long ago, we, too, live in a good land—a place of abundant resources and opportunities to live well.

No, we may not all have great wealth, but most of us have enough. We may not enjoy luxury, but we live comfortably. For all that we may not have, we still enjoy a standard of living far



Paul Jacob is pastor of the First United Methodist Church.

beyond most around the world. Truly, we have much to be thankful for.

It’s easy to forget that even though the bank account and car title bear our names—and were paid for with money we earned—it is God who gives us the strength, ability, and breath to work. It’s easy to forget that our very life itself comes from Him.

We must always be mindful of the grace and mercy shown to us by our patient, kind, and loving God. As the Apostle Paul wrote, “But God demonstrates his own love for us in this: While we were still sinners, Christ died for us” (Romans 5:8).


What a great gift of God to us! Even if we had nothing else but this—His Son—we would still have reason to give thanks.

As we approach Thanksgiving Day, may we remember to give thanks to our good God for all He has done for us—and above all, for the gift of Himself in the Lord Jesus Christ.



The churches of Johnston City working together to serve our community as the “hands and feet of Jesus.”

Helping residents of the Johnston City School District
 Call 618-952-1272 for information



PROUDLY SERVING OUR COMMUNITIES SINCE 1975

908 GRAND AVE. | JOHNSTON CITY | 618-983-6925
 BANTERRA.BANK | 866-226-8377 | MEMBER FDIC



Providing High Speed Internet Service

Futiva.biz **618-736-2901**



VISIT OUR WEBSITE, LEGENCEBANK.COM!



To become a sponsor of Arrow News, call 618-952-1272 or email jcitycenter@gmail.com. JCity Center for Hope and Renewal is a 501c3 nonprofit. All donations are tax-deductible.

COMMUNITY CALENDAR



November Events

NOVEMBER 1
Volunteer workday at JCity Center, 9:30 am

St. Paul's Spaghetti Supper, Parish Center, 11 am- 6 pm

NOVEMBER 2
Daylight Savings Time ends
Class of '71 Chicken & Dumplings Dinner, Masonic Hall, 11 am-2 pm

Free Movie Night, "Fire-proof," JCity Church, 5 pm

NOVEMBER 4
JC Business Meet N' Greet, Andresen's, 9 am

Lions Club, JCity Church, 5:30 pm

NOVEMBER 5
Rotary Club luncheon, Andresen's, Noon

NOVEMBER 6
JCMA Meeting, JCity Center, 6:00 pm

NOVEMBER 8
Ten Commandments Hike, Arrowhead Lake, 10:30 am

NOVEMBER 11
Veterans Day - No school

NOVEMBER 13
Prime Timers, 1 pm

NOVEMBER 18
Lions Club, Andresen's, 9 am

NOVEMBER 19
Rotary, Indigo Realty, 4 pm

NOVEMBER 20
Food pantry/Commodity distribution First United Methodist, 9 am

NOVEMBER 23
Community Thanksgiving Service, JCity Church, 6 pm

NOVEMBER 27
Thanksgiving (no school Nov. 26-28)

NOVEMBER 29
Hometown Christmas, downtown, 3-5 pm

Public Meetings

NOVEMBER 10
Library Board Meeting

NOVEMBER 17
Planning Commission meeting, Scout Cabin, 5 pm

NOVEMBER 18
City Council meeting, Scout Cabin, 5 pm (Because of the holidays, this is the only meeting in November.)

NOVEMBER 20
School Board meeting, Unit Office, 6 pm



Rotary wreath project

FROM PAGE 1

and local businesses to participate by sponsoring one or more wreaths. Donations can be made online at wreathsacrossamerica.org. To ensure contributions go directly to Lakeview, select "Sponsor Wreath," enter number of wreaths, and use location code ILLKVV, which designates Lakeview Cemetery as the placement site.

Contributions may also be mailed to:

Johnston City Rotary Club
c/o Indigo Realty
900 West Broadway
Johnston City, IL 62951

The deadline for wreath purchases is November 20. Volunteers will gather December 13, 9:00 a.m. to place the wreaths.

For more information about Wreaths Across America, contact Jim Koonce, area coordinator, 618-201-6636 or jim@honorwreathsforveterans.org.

Family Worship Center

400 W. 13th St.
Johnston City, IL 62951
(618) 952-1280
Brad & Kelly Dexter, pastor

First Baptist Church

401 E. 7th St.
Johnston City, IL 62951
(618) 983-6455
Larry Stevens, pastor

*First Christian Church

505 E. Broadway Blvd.
Johnston City, IL 62951
618-952-2591
Adam King, pastor

*First United Methodist Church

400 W. Broadway
Johnston City, IL 62951
618-983-5150
Paul Jacob, pastor

*Heritage Fellowship

(Church of God of Prophecy)
308 W. 12th St.
Johnston City, IL 62951
Gaylon & Dawn Stewart, pastors

*JCity Church

(Free Will Baptist)
609 Monroe
Johnston City, IL 62951
618-983-5254
Dr. Randy Carney, pastor

**Active members of Johnston City Ministerial Alliance*

Johnston City United Pentecostal Church

1101 W. 10th
Johnston City, IL 62951
618-983-5938
Brandon Abernathy, pastor

*St. Paul's Catholic Church

1103 Washington Ave.
Johnston City, IL 62951
618-983-5073
Father Brian Barker

*Washington Ave. Baptist Church

9th and Washington
Johnston City, IL 62951
Barry Robertson, pastor
618-694-2995

Other Ministries

*JC Kids' Lunch Bunch

c/o JCity Church (see above)

*JCity Center for Hope and Renewal

504 E. Broadway Blvd.
Johnston City, IL 62951
618-952-1272

*J. C. Manna Mission

306 E. Broadway Blvd.
Johnston City, IL 62951
618-983-6262

For calendar updates, please see Facebook or watch our video podcasts. To submit an event, email date, time, and details to jcitycenter@gmail.com or call 618-952-1272.

JCHS CLASS OF 1971 CHICKEN & DUMPLING DINNER

MASONIC HALL
501 WASHINGTON, JOHNSTON CITY
NOVEMBER 2
11:00 A.M. TO 2:00 P.M.

COST IS \$15 FOR ALL YOU CAN EAT CHICKEN AND DUMPLINGS, MASHED POTATOES, GREEN BEANS, DESSERT

PROCEEDS GO TO JCHS EDUCATORS RISING

Washington Avenue Baptist Church

9th and Washington
Johnston City, IL 62951

Barry Robertson, pastor
618-694-2995

Johnston City
West Frankfort
Zeigler
Thompsonville
Herrin

Member FDIC

ARK INSURANCE GROUP, INC.

Home Auto Life Health

Office: (618) 983-8000 Fax: (618) 983-8001

1109 Grand Ave.
Johnston City, IL 62951
arkinsurance@ark4me.com

Paul E Lawrence, Agent

305 E Broadway PO Box 118
Johnston City, IL 62951
Bus: 618-983-6953
paul.lawrence.by9j@statefarm.com

Litton honored

FROM PAGE 1

Through the J.C. Manna Mission thrift store and food pantry, Litton helps families with groceries, school supplies, and winter clothing. She also organizes the annual Angel Tree program, ensuring 80 to 120 local children receive new clothes and toys each Christmas.

When notified of the award, Litton thought the letter was a scam. "I called my daughter, Melanie, and she told me it was real," Litton laughed. "I was shocked—but grateful."

Ever humble, Litton credits her team of volunteers. "It takes a village to help the children in our community," she said. "We do our best to provide whatever they need."

Litton was formally honored October 24, at the Illinois Association of School Social Workers' annual conference in Springfield—a well-deserved spotlight for a woman whose work has quietly lit the way for so many.

Arrow Distribution Points

Each month, volunteers distribute over 1,000 copies of *Arrow News* to more than 30 local establishments. Here is a partial listing of places to pick up your copy:

- | | |
|------------------|----------------------------|
| Andresen's | JC Community Health Clinic |
| Ark Insurance | JC Public Library |
| Arrowhead Store | JCity Church |
| Bandy Drugs | JCUSD Office |
| Banterra Bank | Legence Bank |
| Blondie's Bakery | Manna Mission |
| Casey's | McDonald's |
| City Hall | Moonsshine Run |
| Dollar General | The Painted Comforts |
| Down Home | Cowgirl |
| DQ | ROC |
| Easy Coin | SI Bank |
| Laundry | St. Paul's |
| Edward Jones | State Farm |
| El Jalisco | Steal the Show |
| First Christian | Subway |
| First United | T-Moe's |
| Methodist | Washington Ave. |
| Food Shop | Baptist |
| Gibbons & Kiel | ZX |

JCity Arrow News. Published monthly by JCity Center for Hope and Renewal, Inc.
504 E. Broadway Blvd., Johnston City, IL 62951, 618-952-1272, jcitycenter@gmail.com, www.jcity.center

CREATIVE DIRECTOR	Keith Fletcher	BOARD MEMBERS
MANAGING EDITOR	Sarah Fletcher	Keith Fletcher, chairman
REPORTERS	Doug Hancock, Margie Sanders	Marta Phillips, secretary
FEATURE WRITER	Don McChesney	Brenda McChesney, treasurer
SPONSOR RELATIONS	Margie Sanders	Cris Corzine-McCloskey
DISTRIBUTION TEAM	Phil Crosby, Doug Hancock	Randy McIntosh
	Don & Brenda McChesney	Sarah Fletcher
STUDENT REPORTER/VIDEO EDITOR	Ben Johnson	

To submit news items, story ideas, events, employment/volunteer opportunities, donations, please call 618-952-1272 or email jcitycenter@gmail.com. All items for publication must pertain to events, individuals, or jobs located within Johnston City, Illinois.

Unless otherwise noted, all content in *JCity Arrow News* (podcast & print edition) is Copyright © 2025 of JCity Center for Hope and Renewal, Inc. All rights reserved.

ARROW NEWS

Never miss an issue, subscribe to the online edition of the *Arrow* here.

jcity.center/subscribe

OFFICE HOURS*

JCity Center for Hope and Renewal
Monday by appointment only
Tuesday-Thursday 9 am-5 pm
Closed Friday-Sunday

**hours will vary as unforeseen circumstances arise*



How to Cook a Turkey

BY MISS SARAH SMITH'S FIRST GRADE CLASS,
JEFFERSON ELEMENTARY

Thanksgiving dinner might look a little different if these young chefs were in charge! From microwaves to hunting trips, from ranch dressing to pickles—our Jefferson Elementary first graders have cooked up some truly unforgettable turkey recipes.

Brylee Paddick

Brylee would grab her 2-pound turkey from Walmart, unwrap it, sprinkle on some garlic salt, and pop it in the oven at a cool 3 degrees for 2 minutes. She'd serve it with mashed potatoes and share it with Mom and Dad.

Braddock Colegrove

Braddock's 5-pound turkey comes from "the store." After cutting it up, he'd season it with ranch, cook it on the stove at 10 degrees for 11 minutes, and top it with ketchup and mustard. Dinner with Dad never sounded so... creative!

Layla Parnell

Layla's 5-pound Kroger turkey would be stripped of its string and torn apart before being seasoned with salt and pepper. After a quick bake at 5 degrees for 5 minutes, she'd serve it with green beans and carrots for Mama, Uncle Austin, and April.

Kevin Youtz

Kevin plans to bring home a 6-pound turkey from a hunting trip. He'll coat it in flour, drop it in a pot of boiling water, and cook it at 7 degrees for one hour. Seasoned with "turkey seasoning," it'll be served with pepper, salt, and a big helping of family time.

Alivia Lewis

Alivia's 7-pound Walmart turkey has to come out of the shopping cart first and then will be seasoned with carrots and pickles. After baking it in a pan at 10 degrees for 5 minutes, she'll serve it with crackers, chips, and apple slices for Mom, Dad, Rosie, and her cousins.

Danny Teffertiller

Danny starts by freezing his 10-pound Kroger turkey, then washing it (always good hygiene!). He'll cook it on the stove at 6 degrees for 10 minutes and serve it with fried potatoes, corn, and green beans—sharing it proudly with his family in his house.

Cohen Nagreski

Cohen's 10-pound turkey goes straight into the microwave for—wait for it—30 hours at 40 degrees. Garlic seasoning and corn complete the meal with his sister and parents.

Journey Burchell

Journey's 10-pound Walmart turkey gets a salt sprinkle and bakes in the stove for 5 hours at 20 degrees. She'll enjoy it with mashed potatoes and gravy, along with cousin Camden.

Maya Layne

Maya's 14-pound turkey comes right out of the bag from Walmart, gets cut-up, and bakes for 5 hours at 20 degrees. Served with meatloaf and chicken nuggets, it's a feast fit for her whole family.

Maddox Baltzell

Maddox plans to get his 15-pound turkey from the bakery. After cutting off the wing and body, he'll cook it at 10 degrees for 100 minutes and serve it with salt, sugar, and water—using, of course, a fork. He'll dine with brother Maverick.

Avalene Harris

Avalene will "bag" her 20-pound turkey "in the forest." After getting washed and spiced up, it will bake at 50 degrees for 20 minutes. Salad on the side with Mom and Dad.

Everlee Stewart

Everlee's farm-fresh, 25-pound turkey will be feather-free and cut open before baking at 50 degrees for 20 minutes. It's peppered and paired with mashed potatoes for her and her sister.

Owen Mummert

After the hunt, Owen's mighty 45-pound wild turkey requires some serious prep—removing bones and blood before seasoning with oil, lettuce, and berries. After a 15-hour microwave session, he'll serve it with a biscuit and strawberries for the whole family.

Jase Clarida

Jase's 100-pound turkey (yes, 100!) starts with a hunting trip. After plucking the feathers, he'll grease it up and cook it in the oven at 100 degrees for 100 hours. His feast includes chicken balls and French fries with his family.

Sawyer Doty

Sawyer's turkey from the farm also weighs 100 pounds. He'll skin and cut it up, cook it on the stove at 5 degrees for 10 hours, and serve it with carrots, meat, and peppers. Dinner guests: Mom, Grandma, and Uncle Mack.

THANK YOU! School Crossing Guards

BY MARGIE SANDERS

Every school day—rain, shine, or freezing cold—our crossing guards take their posts to keep Johnston City's children safe on their way to and from school. Their bright vests and friendly smiles have become a familiar sight, but their vigilance and dedication often go unnoticed.

This year, we pause to say a heartfelt thank you to our three outstanding crossing guards: Rosa Moulton and Kelly Lopez at Washington School, and Heather Bolte at Jefferson School.

Guarding with Care

These everyday heroes do far more than hold a stop sign. They keep watch over busy intersections, guide young pedestrians, and model patience and kindness—even when traffic is hectic and weather conditions are harsh.

Their message to students is simple but important:

"Always listen to us," they remind. "We are your friends. It's important that we stop everything in that moment so you can cross safely."

A Message to Drivers

Our crossing guards also have a few words of wisdom for older students and drivers who pass through school zones:

"Come on, guys—revving your engines might sound cool, but not in a school crossing zone. It could cost a life," they caution. "Being fast is not the ticket for being safe."

A Reminder for Parents

Parents, too, play an important role in keeping children safe.

"Please pay attention to us," they urge. "We have our minds on everything around us—not just your vehicle. Every child is important."

More Than a Job

From chilly January mornings to sweltering August afternoons, these dedicated workers endure the elements to ensure safety for everyone. Yet, it's not all hardship—there are rewards that warm their hearts.

"The best part of the job," one says, "is getting that wave and that smile from a parent or a student. It's a feeling of satisfaction knowing we've helped keep everyone safe."

As the school year rolls on, take a moment to wave, smile, or say thank you to the people in neon vests who stand guard each day. They're protecting more than just a crosswalk—they're safeguarding our community's most precious cargo.



Rose Moulton, crossing guard at Washington Middle School



Heather Bolte, crossing guard at Jefferson School



Kelly Lopez crossing guard at Washington Middle School

SUBMIT YOUR

FAVORITE COOKIE RECIPES

FOR OUR CHRISTMAS EDITION

Deadline is Nov. 15

Email recipes to jcitycenter@gmail.com
or call 618-952-1272 for other ways to submit recipes.



Thanksgiving Favorites

Simple Side Dishes and Sweet Finishes for Your Holiday Table

This season, we're celebrating comfort and tradition—dishes that warm both the kitchen and the heart. These reader-shared recipes are perfect for your Thanksgiving spread—from savory casseroles to colorful salads and no-bake desserts that make memories.

Sweet Potato Puff

BY SARAH FLETCHER

A family favorite that bridges the line between side dish and dessert—buttery, sweet, and topped with a golden-brown crumble.

Yield: 8-10 servings Prep Time: 20 minutes Bake Time: 30 minutes

INGREDIENTS
 2-3 medium potatoes (2 cups mashed)
 1 stick butter
 ½ tsp vanilla
 1 cup sugar
 2 eggs, beaten

Topping:
 ½ cup flour
 ½ stick butter
 1 cup brown sugar
 ½ cup chopped nuts (optional)

DIRECTIONS

1. Peel sweet potatoes. Microwave sweet potatoes with butter for 10-12 minutes, or until tender. Mash to desired consistency.
2. Combine mashed potatoes, vanilla, sugar, and eggs. Stir until smooth. Pour into a greased 9×13-inch baking dish.
3. Mix flour, butter, brown sugar, and nuts (if using) until crumbly. Sprinkle evenly over potato mixture.
4. Bake at 350°F for 25-30 minutes, or until the top is golden brown.

Cracker Barrel Hash Brown Casserole

BY MARGIE SANDERS

A southern classic that tastes just like the restaurant favorite—creamy, cheesy, and golden brown on top.

Yield: 10-12 servings Prep Time: 15 minutes Bake Time: 45 minutes

INGREDIENTS
 2 lbs frozen hash browns, partly thawed
 1 (16 oz) sour cream
 1 can cream of chicken soup
 1 stick butter (or margarine), cut into cubes

½ cup chopped onion
 2 cups grated cheddar cheese
 Salt and pepper to taste

DIRECTIONS

1. Place hash browns in a large bowl and break apart. Season with salt and pepper.
2. Combine sour cream, soup, and onions. Add to potatoes and mix well.
3. Pour into a greased 9×13-inch baking dish.
4. Top with cheddar cheese and butter cubes.
5. Bake at 350°F for about 45 minutes, until hot and bubbly with melted cheese on top.

Cranberry Chicken

BY ANTHONY SPILLER

A simple yet flavorful main dish (for those not fond of turkey)—tender chicken baked in a sweet, tangy cranberry glaze.

Yield: 6 servings Prep Time: 10 minutes Bake Time: 50 minutes

INGREDIENTS
 3 lbs skinless, boneless chicken breasts
 1 can cranberry sauce
 1 packet onion soup mix
 ½ cup French dressing

DIRECTIONS

1. Preheat oven to 350°F. Place chicken breasts in a 9×13-inch baking pan.
2. In a bowl, mix cranberry sauce, onion soup mix, and French dressing. Pour over chicken.
3. Bake for 50 minutes or until chicken reaches 170°F internally.
4. Serve warm. The flavorful juice makes an excellent gravy substitute for mashed potatoes.

Ramen Coleslaw

BY KAREN MORSE

Crunchy, colorful, and full of sweet-savory flavor—a refreshing contrast to heavier holiday dishes.

Yield: 8-10 servings Prep Time: 15 minutes Chill Time: 1 hour (opt.)

INGREDIENTS

3 green onions, chopped
 1 (16 oz) coleslaw mix
 1 cup toasted almonds
 1 (3 oz) chicken-flavored ramen noodles, crumbled
 ¼ cup oil

3 Tbsp white vinegar
 ¼ cup sugar
 1 tsp salt
 ½ tsp pepper
 Flavor packet from noodles

DIRECTIONS

1. Combine coleslaw, green onions, almonds, and crumbled ramen noodles.
2. Whisk oil, vinegar, sugar, salt, pepper, and flavor packet until smooth.
3. Pour dressing over salad and toss well.
4. Chill at least one hour before serving for best flavor.

Banana Split Cake

BY TERRILYN THOMPSON

A no-bake dessert layered with cream cheese, fruit, and whipped topping—as colorful as it is delicious.

Yield: 12-15 servings Prep Time: 25 minutes Chill Time: 2 hours

INGREDIENTS

½ cup unsalted butter, melted
 2 cups graham cracker crumbs
 ½ cup powdered sugar
 12 oz cream cheese, softened
 2 (8 oz) containers Cool Whip

2 bananas, sliced
 1 (20 oz) can crushed pineapple, drained
 2 cups strawberries
 ½ cup chopped peanuts
 Maraschino cherries for garnish
 Chocolate syrup for drizzle

DIRECTIONS

1. Combine butter, crumbs, and powdered sugar; press into a 9×13-inch dish. Chill 15-20 minutes.
2. Beat cream cheese until smooth. Fold in one tub of Cool Whip; spread over crust.
3. Layer bananas, pineapple, and strawberries.
4. Spread remaining Cool Whip on top and sprinkle with peanuts.
5. Drizzle with chocolate syrup and top with cherries. Chill at least 2 hours before serving.

Tip: Swap peanuts for pecans and drizzle with caramel for a turtle-sundae twist.

Broccoli Casserole

BY BRENDA McCHESNEY

This creamy, cheesy broccoli casserole is a longtime family favorite—comforting, colorful, and perfect for holiday dinners or potluck gatherings.

Yield: 8-10 servings Prep Time: 20 minutes Bake Time: 30 minutes

INGREDIENTS

2 small packages frozen cut broccoli
 1 cup rice cooked per package directions
 ½ cup onion, chopped
 ½ cup celery, chopped

1 small can mushroom stems and pieces (reserve juice)
 1 can cream of mushroom soup
 8 oz jar Cheez Whiz
 3 Tbsp margarine (for sautéing)

DIRECTIONS:

1. Cook broccoli according to package directions; drain well. Prepare rice and let cool.
2. Finely chop celery and onion and sauté in margarine until tender. Chop mushrooms and add to celery and onions; simmer 5 minutes. Combine with broccoli and rice.
3. In a saucepan, mix cream of mushroom soup, Cheez Whiz, and the reserved mushroom juice; heat until smooth. Stir into broccoli mixture and blend thoroughly.
4. Pour into a greased casserole dish and bake 30 minutes at 350°F.

Christmas Coloring Contest

Hey kids! Let's put some color back into Johnston City's Christmas celebration. If you're 18 or younger, we invite you to color this picture and return it to us by **November 15**. Cut it out; and have an adult scan or snap a photo of your entry. Email it to JCityCenter@gmail.com or drop it by our office at 504 E. Broadway Blvd. We'll print the winners in the December Arrow. Call **618-952-1272** for more information.



This Thanksgiving Day BY PHIL CROSBY

This Thanksgiving day I can say
Thank You, Lord, for the way
You've touched my heart with Your
joy.
Your touch has healed; I'm in Your
employ.
I long to serve You as I should.
My prayer is simply that You
would
Allow me to grow ever close
And lift You up so You're the
most
Important factor in my life,
More than family, friends, or
wife.
And as I seek to do Your will,
I pray Your Spirit will fulfill
In me the work You would have
done,
And I praise Your name the work's
begun.

I'm thankful for Your Holy Spir-
it.
This force of love from You, I cheer
it.
For it has helped me through the
greatest storm.
An ice-cold heart Your Spirit
warmed.
So on this day I'm truly thankful,
Abundant grace, by the trunk
full.
And not because I had the right,
But by grace Your Spirit gave me
sight.
And now more than ever, I can
see
Your love endures for souls like
me.
Thank you, Lord, for all You've
done.
And for Jesus Christ, Your precious
Son.



Follow the String
aimed at all ages

"Follow the string" means keeping your bow arm true to the string—and your shot on target. This section of *The Arrow* aims to do the same with interesting articles for readers of any age.

A Magnetic Attraction

BY DON MCCHESENEY

Hey kids! Did you know magnets are all around you? Take a look at your refrigerator—I bet you've got a few magnets holding up photos or notes. But have you ever wondered how magnets work and what gives them that amazing "stick-to-it" power?



Everything you see and touch is made of millions of tiny particles called atoms. Inside each atom are even smaller particles called electrons. These electrons usually move in all directions, but sometimes they line up and move together—and that's what creates an invisible force called magnetism. When this happens in metals like iron or steel, the object becomes a magnet. Magnets attract other things made of those same metals.

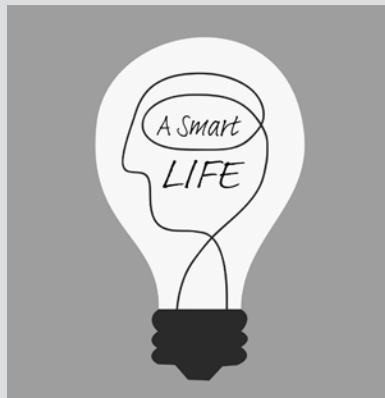
Every magnet has two poles, or ends—a north (positive) and a south (negative) pole. Opposite poles attract each other, so if you put a north and a south pole close together, they'll snap together and stick. But if you try to push two north poles (or two south poles) together, they'll push away from each other. Try it yourself—grab a couple of magnets and see how they behave.

And here's something really cool: you can make your own magnet. Here's how:

1. Find a magnet and two paper clips.
2. Rub the magnet across one paper clip about 50 times, always in the same direction.
3. Then touch that paper clip to the second one and watch them stick together.

Congratulations! You just made your very own magnet.

This month's new feature



A SMART LIFE

Don't Get Scammed!

OH NO! I'VE BEEN SCAMMED! In today's high-tech world, far too many people utter those words. Hopefully, not you; but chances are, someone you know has been scammed.

Scammers are constantly finding new ways to trick people out of their money and personal information. Here are some of the most common scams to watch for:

Job Scams—You apply online for a job, and someone posing as an employer offers you a position, then asks for your personal information or banking details.

Investment Scams—A scammer pretends to form a friendship or romantic relationship to gain your trust and eventually, your money.

IRS Scams—You receive a call claiming you owe back taxes, but you can "avoid penalties" by paying immediately via credit card or bank transfer.

Grandparent Scams—A caller pretends your grandchild is in jail and demands immediate payment to "bail them out."

Impostor Scams—Someone claims to be from your bank or credit union and asks for account verification or personal data.

Utility Scams—You're told your utility bill wasn't received and that service will be shut off unless you pay immediately by phone.

How to Protect Yourself

- Be suspicious of offers that sound too good to be true.
- Never click on unsolicited links or open unexpected attachments.
- Resist pressure to act immediately—scammers rely on urgency.
- Verify contact information directly with companies using official websites or phone numbers.
- Never send money through gift cards, wire transfers, or cryptocurrency.
- Use strong, unique passwords for all accounts.
- Monitor your bank and credit card statements for unauthorized activity.
- Report suspicious activity to the Federal Trade Commission at ReportFraud.ftc.gov.
- If you've shared financial information, contact your bank and credit card companies immediately.

Remember: Don't answer calls, texts, or messages from unknown numbers or people. Think before you click—and protect yourself and your loved ones.

—Don McChesney

Next month's topic: Identity Theft—How to Recognize It and What to Do.

Washington School Teacher Trivia
(PART 3)

BY MARGIE SANDERS

Are you a Washington Middle School student or parent? How well do you know your teachers? This is the last of a three-part trivia series about the WMS faculty. Can you match each fact with a teacher (answers on p. 7)

- | | | |
|---|--|--|
| <ol style="list-style-type: none"> 1. This teacher was an All-American cheerleader for 6 years. 2. Has a class M license to drive a motorcycle. 3. This teacher visited Ellis Island, the Statue of Liberty, and Times Square. | <ol style="list-style-type: none"> 4. This teacher likes to find Indian sculptures and repaint them. 5. This teacher owns his own painting business. 6. This teacher loves to drive her red jeep. 7. Favorite football team is the Chicago Bears. 8. She started making pizzas at Dominos at age 15. 9. This teacher has memorized the first 60 digits of Pi. 10. Took a trip to Mexico this past summer. | <ul style="list-style-type: none"> • Mr. Billy Brayfield • Mrs. April Martin • Mrs. Dawn Simpson • Mrs. Amanda Harris • Miss Mary Hoppers • Mr. Matt Leitzen • Mrs. Jill Kendrick • Mrs. Andrea Preston • Mrs. Chelsay Yates • Mrs. Tiffany Dobraski |
|---|--|--|



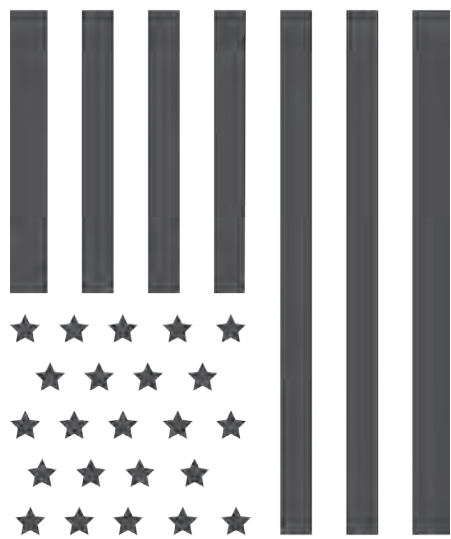
Coulson's
HEATING & COOLING

— Since 1961 —

983-8133




VETERANS DAY



REMEMBER AND HONOR
11TH NOVEMBER

Three Sons of Illinois

Tony and Lucille Ruzich were Croatian immigrants who settled near Johnston City, raising their children—Rose, Louis, Tony Jr., and Rudy—on a small family farm. When war came, all three sons served.

Louis Ruzich was drafted on December 16, 1941, just days after Pearl Harbor. He joined the U.S. Army Corps of Engineers, volunteered for hazardous duty, and graduated from Jump School. He went on to serve in Burma with the Office of Strategic Services (OSS) Detachment 101, the covert force that trained and fought alongside resistance fighters behind Japanese lines. He earned the Air Medal for valor during a guerrilla resupply mission and returned home at war's end—the only son of Tony and Lucille to survive.

But on the Johnston City memorial, it is not Louis's name that appears beside his brothers. Instead, the stone bears the name Mike Ruzich, another young soldier from Johnston City with the same last name.

Tony Ruzich Jr.: Christmas at Bloody Knob

Tony Jr. served with Company L, 317th Infantry Regiment of the 80th "Blue Ridge" Division. His unit helped spearhead the breakout across northern France, and by December 1944, found itself in the thick of the Battle of the Bulge.

On Christmas Day 1944, his



A young Tony Ruzich, Jr. ¹

A FAMILY'S ULTIMATE SACRIFICE

The Ruzichs of Johnston City

In downtown Johnston City stands a simple but sacred monument—our community's war memorial—engraved with the names of those who never came home from America's wars. Among the names are three that have become legend in our town's history: Tony Ruzich Jr., Rudy Ruzich, and Mike Ruzich.

For decades, some have believed that all three were brothers who perished in the war. Archival records and family testimony now paint a more complete picture—one of courage, heartbreak, and a family's unthinkable loss.

battalion fought desperately on Bloody Knob near Kehmen, Luxembourg. Tony went missing in action that day; his comrades found his remains three days later.

He now rests at the Luxembourg American Cemetery, where General George S. Patton and more than 5,000 American soldiers lie at rest.



Pvt. Tony Ruzich, Jr. (1919-1944) was killed in action during the Battle of the Bulge. ¹

Rudy Ruzich: The Last Battle in Europe

The youngest brother, Rudy Ruzich, fought with Company I, 71st Infantry Regiment of the 44th Division. In the final days of the European war, his unit encountered an SS division holed up in Austria's mountains.

On May 2, 1945, near the Fern Pass, Rudy was killed in action while charging an enemy garrison. He was 21. He now lies at the Lorraine American Cemetery in St. Avold, France—the largest American military cemetery in Europe, where 10,489 soldiers are buried.

Mike: Another Ruzich who died in uniform

Though not one of Tony Sr. and Lucille's sons, Mike Ruzich (1919-1943) shared the same Johnston City roots and the same spirit of service.

Records show that Mike served as a Private with Company R, 4th Replacement Battalion, part of the Army's replacement system that trained and processed soldiers for deployment through Camp Stoneman, near Pittsburg, California. He died of pneumonia on August 25, 1943, at just 24 years old, while still



Rudy Ruzich, the youngest son of Tony and Lucille Ruzich, gave his life for his country—just as his older brother, Tony Jr., had before him. ¹

in stateside service. His parents, Fred and Anna Ruzich, were buried beside him later at Lakeview Cemetery—the same resting place as his extended family.

Mike's name was inscribed on the memorial beside Tony and Rudy's. For Johnston City, the three Ruzichs became forever linked—each representing a life cut short by the war's reach.

A Father's Grief

When the telegram announcing Rudy's death arrived only three days after V-E Day, Tony Ruzich Sr. was overcome with grief. According to the family, he walked out onto the farm one day and was found drowned in the Big Muddy River, which wound behind their property. (They had recently moved to Plumfield.)

His granddaughter, Judy Bezjak, later explained:

"He did not go into the woods and shoot himself, as some stories claimed. He was found drowned in the Big Muddy River. My mother [Rose Ruzich Bezjak] mourned her brothers and father for 70 years. The mere mention of their names would evoke tears. Not all the victims of war are on the battlefields."¹



Mike Ruzich, whose relation to Tony and Rudy is unknown, also died while serving in the Army during World War II. (US Millitaria Forum photo)

Lest We Forget

Though history shows that one brother returned home, another relative died in uniform, and two brothers fell overseas, their sacrifices bind them eternally.

Today, Johnston City honors Tony Jr., Rudy, and Mike Ruzich on its war memorial—three names, one legacy. In every sense, they represent a family and a community that gave its all for freedom.

As we gather this Veterans Day to honor our heroes, we remember their story—and the truth in Judy Bezjak's words:

"Not all the victims of war are on the battlefields."



Army Corporal Louis Ruzich, the only son of Tony and Lucille Ruzich to return home from World War II, lived with the reality that both his brothers and his father were dead. ¹

¹ Unless captioned otherwise, all photos in this article were provided by Judy Bezjak on the US Millitaria Forum (<https://tinyurl.com/3zs7f9tb>)

JC Manna Mission
THRIFT STORE
306 E. Broadway Blvd., Johnston City, IL 62951
618-983-6262
Mon. & Wed.: 9:30-4:00 • Tues.: 9:30-5:30
& First Sat. Monthly: 9:30-12:30

REMEMBER HONOR TEACH
WREATHS
across
AMERICA

Donate a wreath to honor veterans at Lakeview Cemetery

Purchase memorial wreaths online at wreathsacrossamerica.org. To ensure contributions go directly to the Johnston City project, select "Sponsor Wreath," enter the number of wreaths to sponsor, and use location code ILLKVW, which designates Lakeview Cemetery as the placement site.



MURMAN & WILSON
FUNERAL HOME
KYLE SAVANT • RAYMOND SAVANT • ERIK SAVANT
618.983.6542
211 W. BROADWAY JOHNSTON CITY • MURMANANDWILSON.COM

City Church
FREE WILL BAPTIST
Christ & Community First
Broadway & Monroe (609 Monroe)
618-983-5254 | jcitychurch.com
Randy Carney, pastor
Sunday School 9:30 | Morning Worship 10:30 | Wed. Night 7:00

[FROM P. 6] Answers to WMS
Teacher Trivia: (1) Mrs. Jill Kendrick (2) Mrs. Amanda Harris (3) Miss Mary Hopper (4) Mrs. Chelsay Yates (5) Mr. Billy Brayfield (6) Mrs. Andrea Preston (7) Mr. Matt Letzen (8) Mrs. Dawn Simpson (9) Mrs. Tiffani Dobraski (10) Mrs. April Martin



PHOTO: Johnston City High School Athletics Facebook

Indians @ 9-0 Win Black Diamond Crown

Lighting strikes twice

For the second straight year, the Johnston City Indians left no doubt who rules the Black Diamond Conference. With a decisive 36-18 victory over Sesser-Valier/Waltonville, the Indians closed out the 2025 regular season with a spotless 9-0 record, clinching their 16th conference championship and marking just the 11th undefeated regular season in program history.

Big Plays, Bigger Defense

Sesser-Valier drew first blood on a short touchdown run, but Johnston City answered back before the first quarter ended when senior Marcus Leitzen barreled into the end zone from two yards out to tie it, 6-6. The Indians' defense took over from there—snagging two interceptions in the second quarter, including one that fueled a 98-yard scoring drive capped by Leitzen's 21-yard dash to the goal line.

"I love our seniors," Leitzen said after the win. "Being able to perform in this big game means everything."

After halftime, the Indians' offense exploded. Trey Johnson sprinted 51 yards for a touchdown just a minute and a half into the third quarter, and Jace Hampton followed with a 43-yard score to stretch the lead to 28-6. Hampton struck again in the fourth, pounding in a five-yard touchdown—his second of the night—to make it 36-6 with just over ten minutes left. The Red Devils managed two late scores, but it was too little, too late as Johnston City celebrated another flawless finish.

Season of Dominance

From opening night to the regular-season finale, the Indians outscored their opponents 379-107, an average margin of 42-12. Their closest games weren't close—only Flora and Ses-

ser managed to stay within 18 points.

Behind a deep senior class and the leadership of Head Coach Marshall Mummert and Assistant Coach Todd Thomas, Johnston City blended speed, power, and balance on both sides of the ball. The ground game, led by Leitzen, Hampton, and Johnson, racked up big numbers, while the defense held opponents to single digits in five of nine games.

Postseason Outlook

Now the attention turns to the IHSA Class 2A playoffs, where the undefeated Indians look to build on their momentum. With veteran leadership and a confident

locker room, fans are optimistic this could be the year Johnston City breaks through for a deep postseason run.

"We've been chasing this all season," said Coach Mummert. "The kids bought in, worked hard, and earned every bit of this."

Whether or not a championship banner follows, 2025 will go down as one of the greatest seasons in Johnston City football history—a year defined by grit, unity, and a perfect record to prove it.

Date	Opponent	Result
Aug 30	Carmi-White County	W 46-8
Sep 5	Christopher-Zeigler-Royalton	W 45-13
Sep 12	at Edwards County	W 58-14
Sep 19	Eldorado	W 36-6
Sep 26	at Flora	W 38-20
Oct 3	Fairfield	W 46-22
Oct 10	Hamilton County	W 44-6
Oct 18	at Red Hill	W 30-0
Oct 24	Sesser-Valier/Waltonville	W 36-18

JCHS VS WESCLIN

Johnston City (1) will play Wesclin (16) in round one of the IHSA (Illinois High School Association) Class 2A playoffs, October 31, 7:00 p.m. at home.

Hoops Season Nearly Here

Reserved Seats Going Fast

Basketball season is just around the corner, and excitement is already building at Johnston City High School. Fans eager to catch all the action from the best seats in the house should act quickly—fewer than 50 reserved chair seats remain for the 2025 season.

Reserved season tickets guarantee your spot for every home game, giving you

a front-row view of the Indians' fast-paced hardwood battles. Don't miss your chance to cheer on the team as they take the court for another thrilling season of high school basketball.

To secure your reserved seats, call the high school office (618-983-8021) or email cprice@jcindians.org today.

Indigo REALTY

900 W. Broadway Blvd
Johnston City, IL 62951
618-952-5200

Happy Thanksgiving

We are so **THANKFUL** for you!

Fall Treat **CARAMEL APPLES**

The easiest caramel apple recipe! Made with just three ingredients, plus toppings if you want to make them extra special! One of the ultimate fall treats! Perfect for gifting and parties.

Ingredients

- 7 small Granny Smith apples (about 2 1/4 lbs)
- 15 oz. caramels, such as Werther's Chewy*
- 3 Tbsp heavy cream
- Bamboo lollipop sticks
- Various toppings, optional

Instructions

- Rinse and thoroughly dry apples with a paper towel. Insert a caramel apple stick. Have toppings ready if you'll be adding some to apples.
- Line a 13 x 9-inch baking sheet or baking dish with a sheet of parchment paper, spray parchment paper with non-stick cooking spray, set in the fridge.
- Place caramels and heavy cream in a microwave safe bowl (about 5 cup size bowl).
- Heat in microwave in 30 second increments, stirring well between intervals, until melted and smooth. This will take about 2 - 3 minutes. If caramel is extra runny let it cool just briefly so it doesn't run right off the apples.
- Dip apples one at a time into the caramel on an angle so it covers nearly to the top center. Rotate and turn to coat apple. Lift apple and let excess run off, then run bottom of apple along inside edge of bowl to remove excess caramel. Lift apple and turn apple upside down to let caramel run up the apple a little then immediately roll in toppings (or sprinkle with toppings) before caramel sets.
- Turn apples upright and place on prepared baking sheet in fridge, repeat process with remaining apples. As needed reheat caramel in microwave in 15 second increments for a runny, dip-able consistency.
- Allow caramel to set completely, about 30 minutes in the fridge (you can eat them before this but if you want caramel to firm back up then wait the 30 minutes). Cut apples into slices just when ready to enjoy so they don't brown.

Serving: 21 (3 per apple), Calories: 115, Carbohydrates: 20g, Protein: 1g, Fat: 3g, Sodium: 49mg, Fiber: 1g, Sugar: 12g

Edward Jones > edwardjones.com | Member SIPC

Investing in and supporting our communities

Thank you for helping us be part of this great community. We're glad to be here.

For more information, contact your Edward Jones Financial Advisor
Edward Jones cannot accept gift cards, cash or checks as donations.

Ashton Stephens
Financial Advisor
504 W Broadway Blvd
Johnston City, IL 62951
618-983-6317

Sidney Stephens
Financial Advisor
504 W Broadway Blvd
Johnston City, IL 62951
618-983-6317

CEA-9901E-A AECSPAD 06691736

I AM THANKFUL
Color the things you are thankful for.

Food My teacher My pets My family My friends My home Hugs Books