



Launch pad for a fast-growing nonprofit

JCity facility among first in area to provide peer resources for addiction recovery, homelessness

Recovery seekers can find support in Johnston City. Take Action Today, possibly the fastest growing recovery organization in Illinois, established its first community resource center here 2 years ago with 2 employees. The organization now serves 5 counties with a workforce of 20 full-time employees.

October 2, 2021, Take Action Today cut the ribbon on its first recovery resource center in JCity Center for Hope and Renewal, 504 E. Broadway. Inspired by the death of a homeless man in 2019, executive director Mike Tyson, organized a Thanksgiving dinner for the homeless in West Frankfort at which he and other volunteers gained awareness of the volume of homelessness in our area. Though homelessness is typically considered an urban problem, roughly 20% of homeless individuals live in rural areas.

Many rural communities lack infrastructure to handle the growing homeless population, among which 27% face mental health challenges and 23% have a substance use disorder.

Alcohol- or drug-related deaths in Illinois currently number over 5,000. Opioid overdoses in our state rank 20 percent higher than the national average. Statistics for Southern Illinois remain incomplete, but the recovery community estimates that at least 1 in 10 people in our area have a substance use disorder (SUD).

Recognizing the need to address both homelessness and substance use disorders, Tyson sought to find others, like himself, with life experience overcoming these issues. These individuals could be trained as peer recovery coaches to help people early in the recovery process. Tyson

(continued on page 4)



3RD ANNUAL WALK FOR RECOVERY (above) sponsored by Take Action Today and Southern Illinois Recovery Network attracted over 200 participants (PHOTO: Samantha Seiler)



WORKMEN PAVE DOWNTOWN PARKING LOT (left). The City's annual car show last year filled downtown Broadway with classic and unique cars, trucks, and motorcycles (right). (PHOTO: Tina Lindsay)

Downtown JCity prepares for Sept. 30 Car Show

Contractors hired by the City recently paved the parking lot at the corner of Broadway and Adams in preparation for the 7th Annual City of Johnston City Car Show, Sept. 30. The event commences at noon and continues until 4:00 pm, with awards presented at 3:30 pm. The first 100 entries will receive a dash plaque. Entry fee is \$10, and the event is open to cars, trucks, and motorcycles. In addition to unique, specialty awards, organizers will host a 50/50 drawing and provide giveaways. Proceeds will go toward the City's annual fireworks display.

JCity native plumbs depths of high-achieving family

BY TIM HASTINGS

Johnston City native Karin Brace Wargel recently authored a book about her family in which she states that mental illness can affect even very successful people.

"My ancestors include a Broadway actress, painters, doctors, and lawyers," Wargel said. "But we were not immune from mental illness. One of my uncles was bipolar and so intelligent. My story about him is about how he tried to deal with it."

The book's title, "Don't Touch That Box" comes from the story of another uncle who hid personal treasures. "There was a lot of drama and trauma in the family," the rural Marion resident acknowledges. "But the story also includes all the love, thrills, and fun the family had. Those things cushioned the drama."

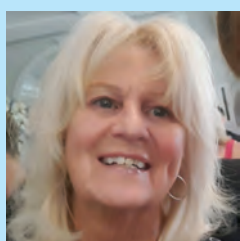
Wargel devotes much of the book to her maternal grandfather Paul Schultetus who lived on farms near Coulterville and Golconda before moving to Palm Beach, Florida. "He was an amazing man," she said. "He was a published author, painter, and dog breeder. He read an entire

set of encyclopedias twice and made his own fireworks. He also reared 12 children."

The author spent 30 years investigating and writing the story. She recently traveled to Germany to visit sites connected with her ancestors.

Wargel taught special education in Marion, Joppa, and Metropolis and at Illinois Youth Centers in Harrisburg and Murphysboro. She graduated from Johnston City High School in 1966.

Wargel will sign copies of her book at Andresen's Cafe on Broadway in Johnston City on September 7, from 10 am to 3 pm.



KARIN BRACE WARGEL, author of *Don't Touch That Box*



State Rep. Hears Local Concerns



PATRICK WINDHORST speaks with Karin Wargel and other locals at "mobile office" event in Andresen's. (PHOTO: Windhorst)

BY DOUG HANCOCK

State Representative Patrick Windhorst held an open meeting, August 22, at Andresen's Café to greet local guests and listen to concerns involving our community.

Despite media reports of

political squabbling at the state level, Rep. Windhorst spoke about the cooperation between both parties to tackle local problems.

Windhorst commented on changes that are happening with the Secretary of State's office, including

the scheduling of operating hours at the Driver Services Facilities and modernizations to speed up the process of acquiring titles and licenses.

Mayor Doug Dobbins, also present at the event, shared the city planning commission's efforts in securing grants for improvements at the water treatment facility and the replacement of older water lines.

Rep. Windhorst will soon open an office in West Frankfort (1107 E. Main St.). In addition to his Springfield office, the representative maintains an office in Harrisburg (2 N. Vine St.). He can be reached locally by phone: 618-294-8703; through email: windhorst@ILHouseGOP.org; or online: RepWindhorst.com.

Business sponsors needed to support larger publication Arrow News grows into full-size newspaper

FROM THE EDITOR

You're holding a copy of the first expanded edition of *JCity Arrow News*. Due to overwhelmingly positive feedback about previous issues, this issue embraces the look and feel of a "real newspaper." The page size in newspaper jargon is called a broadsheet, a format associated with traditional newspapers. Moving from office copier technology to a conventional web printing press enables doubling the page count and boosting the sheet size by 35%. With additional space and pages, we plan to run more stories and photos of all that's happening right here in our home town.



Hyperlocal approach

Our vision is hyperlocal. We are about Johnston City, and nothing but Johnston City. We simply

want to INFORM readers about all that's going on here—quickly, easily, and (like an arrow) straight to the point. We hope to (continued on p. 2)



Community Calendar

Seasonal & Special Events

THU., SEPT. 7

Karin Wargel book signing, Andresen's, 10 am-3 pm

SEPT. 16-OCT. 30

Bandy's Pumpkin Patch Open, Free admission & parking. Events charged separately, 15020 Pumpkin Patch Rd., Johnston City.

SUN., SEPT. 17

National Back to Church Sunday, various churches

Israel Trip Presentation by Keith & Sarah Fletcher, JCity Church, 609 Monroe, 6:00 pm (everyone welcome)

SEPT. 22-23

Sweet Southern Fall Market, 910 W. Broadway

WED., SEPT. 27

See You At the Pole, Students gather before school to pray at flag pole, JCHS & WMS (check with school for times).

SAT., SEPT. 30

CAR SHOW sponsored by City of Johnston City, downtown, 1-4 pm

Weekly Events

MONDAYS

SIMI (Southern Illinois Men of Integrity), 7:00 pm, Call 618-952-1272 for details.

FRIDAYS

Farmer's Market, 3-6 pm, 116 E. Broadway (thru Oct.)

Monthly Events

1ST TUESDAY

Business Leaders Mtg., 9:00 am, Andresen's, 618-534-0303 or 618-922-8089

1ST & 3RD TUESDAYS

Lions Club, 6:00 pm, JCity Church, 618-922-8005

1ST THURSDAY

Ministerial Alliance Mtg., 6:00 pm, JCity Center, 504 E. Broadway, 618-952-1272

2ND & 4TH TUESDAYS

City Council Mtg., 5:00 pm, Scout Cabin, 618-983-6651

3RD MONDAY

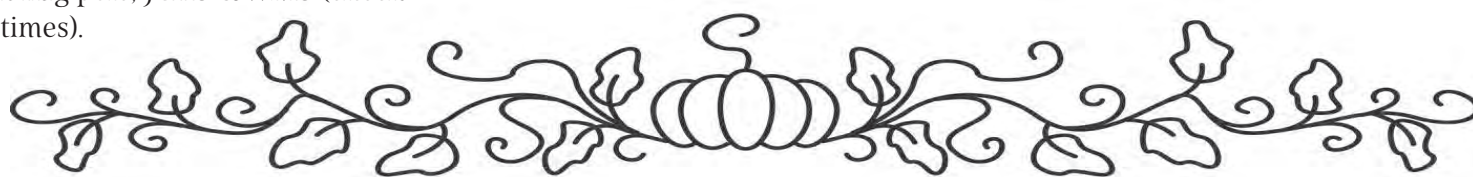
Planning Commission Mtg., 4:00 pm, JCity Church, 618-983-6651

3RD THURSDAY

Food Pantry Open/Commodity Distribution, First United Methodist Church, 400 W. Broadway, 10:00 am - 1:00 pm

School Board Mtg., 7:00 pm, Unit Office, 1113 Grand Ave., 618-983-8021

Check Facebook for calendar updates
[facebook.com/JCityCenter](https://www.facebook.com/JCityCenter)



Invested counseling program helps those who help our community

JCity Center for Hope and Renewal offers "invested counseling." This unique program allows individuals, couples, and families to exchange community service (or local church ministry) for counseling sessions. Invested counseling is predominantly for the under-insured, the uninsured, or those with government-provided cov-

erage limiting their choice of service provider.

The types of counseling available include mental health, trauma, relationships, grief, conflict resolution, and spiritual issues. Depending on availability, counselors may see children and teens, as well as adults. Clients with private or employer-provided insurance coverage may not

qualify for invested counseling but will be billed by partner agency, Caring Counseling Ministries.

For those unable to fulfill the community service requirement, i.e., the elderly, disabled, small children, a family member or friend may work on behalf of the client. Service hours not under direct supervision of JCity Center can be verified by a pastor or community leader.

Professionals providing invested counseling services are well-trained Christian counselors, either clinical or pastoral, who volunteer their time in our community. Counseling sessions are available Tuesday through Thursday, beginning as early as 8:00 am and as late as 5:30 pm. For more information, call 618-952-1272 or email jcitycenter@gmail.com.

Arrow News seeks writers, photographers, designers & more

JCity Arrow News seeks local volunteers interested in helping with its monthly publication. These include persons who enjoy or have experience in writing, photography, layout or graphic design. Proficiency in MS Word, Photoshop or InDesign is helpful, but not required. Arrow News welcomes individuals with video production or video editing interest/experience to assist with its podcast edition. Volunteer positions also exist in areas of distribution, marketing (se-

curing local sponsorships), and maintaining an online presence. Essentials for volunteers include punctuality, ability to meet deadlines, and a healthy work ethic. All positions qualify as community service hours for JCity Center's Invested Counseling program.

For more information about any of these opportunities, contact JCity Center at 618-952-1272 by email jcitycenter@gmail.com or visit the office at 504 E. Broadway, Johnston City.

Arrow Expands (cont. from p. 1)

UNITE our community by providing a central source of information for happenings in Johnston City. And finally, we will PROMOTE our community—the good things about living in a close-knit small town. We will emphasize our strengths and the opportunities awaiting entrepreneurs, new businesses, as well as families of all shapes and sizes.

As a monthly, volunteer-staffed, free publication, we will not compete with other area newspapers. Arrow News is a service, not a fund-raising effort, of JCity Center for Hope and Renewal. The bottom line is not profit, but community development.

JCity Center operates as a volunteer-staffed nonprofit organization. Sole compensation for Arrow News staff comes only in the satisfaction of knowing we have helped "inform, unite, and promote" the citizens of our

beloved home town. Contributions to Arrow News help us continue to enable personal, relational, and community development. Support from local churches and partnerships with other nonprofits help us provide recovery resources, counseling, and support groups for individuals and families in Johnston City and the surrounding area.

Sponsors needed

Because JCity Center for Hope and Renewal is nonprofit, Arrow News will not run typical newspaper ads (i.e., what's on sale this week or who has the best hamburger in town), but rather list and display sponsors who make donations to defray the cost of printing.

To become a sponsor of the Arrow News, call 618-952-1272 or email jcitycenter@gmail.com. Our website www.jcitycenter.com also will soon include information about sponsorships and donating online.

Down Home Comforts
presents

Sweet Southern Fall Market

LOCAL VENDORS / BUILD YOUR OWN BOUQUET / FOOD TRUCKS

September
22nd & 23rd

FRI	FREE	SAT
10-6	ENTRY	9-3

910 W Broadway Blvd
Johnston City, IL

"[CHRIST] IS THE HEAD OF THE BODY, THE CHURCH, WHO IS THE BEGINNING, THE FIRSTBORN FROM THE DEAD, THAT IN ALL THINGS HE MAY HAVE THE PREMINENCE." (COLOSSIANS 1:18 NKJV)

Get more news on our video podcast. See Facebook page and YouTube channel. Like or Subscribe to be notified of new releases.



An Inspirational Thought

Happy Labor Day! Take time to rest

BY PASTOR RANDY CARNEY

In the late 1800's two men, one named McGuire and the other named Maguire, both proposed the idea of a national holiday called Labor Day. Several states adopted the idea, and Grover Cleveland signed the national holiday into law in 1894.

Jesus recognized the value of setting aside time for rest and recreation. He told his 12 disciples, "Come aside by yourselves to a deserted place and rest a while." For there were many coming and going, and they

did not even have time to eat" (Mark 6:31). They tried, but the crowds found them. Jesus was moved with compassion and performed the wonderful miracle of feeding 5,000 people by multiplying 2 fish and 5 loaves of bread.

Jesus gives the invitation, "Come unto me, and I will give you rest" (Matt. 11:28). That is good news for all who are weary and heavy laden.

The writer of the Book of Hebrews promised: "There remains therefore a rest

for the people of God" (Hebrews 4:9). One blessing of Heaven is that of receiving rest for our souls.

I hope you are successful this Labor Day in coming aside for some rest and recreation.



DR. RANDY CARNEY, pastor of JCity Church



Healthcare

CMA, RMA, LPN or RN Christopher Rural Health Planning Corporation, 14410 Route 37, Johnston City, IL 62951 \$17.50 - \$26.00 an hour - Full-time

DSP Blisshaven, Johnston City, IL Full-time, Part-time, 8 hour shift. Weekends as needed. We are looking for caring people to fill positions we have open. Must be able to pass background checks. Have a valid drivers license. Shifts will vary and you will be trained at all 4 houses we have. CPR and First aid. Prefer 1 yr. experience Caregiving.

Tax Prep

ACCELERATED TAX ASSOCIATE H&R Block, 201 W. Broadway Blvd.

TAX PROFESSIONAL New. Experienced, H&R Block, 201 W. Broadway Blvd.

Banking

CONCIERGE BANKER I, Full-Time Banterra Corp. 908 Grand Ave.

Local Retail

PART-TIME SALES ASSOCIATE Dollar General, 612 W Broadway. Apply on company site: <https://retail-dollargeneral.icims.com/jobs>

TEAM MEMBER Casey's General Store, 1117 Grand Ave.

SALES ASSOCIATE J.D. Streett & Co. (Johnston City ZX), 709 Grand Ave.

Education

The Johnston City C.U.S.D. #1 is accepting applications for the following positions:

LATCHKEY SUPERVISOR

Submit letter of interest, resume, two professional references and proof of a minimum of 30 college credit hours or paraprofessional certification to Mrs. Kathy Clark,

Superintendent, Johnston City C.U.S.D. #1, P.O. Box 147, 1113 Grand Ave., Johnston City, IL 62951.

COACHES MIDDLE SCHOOL 5th and 6th Grade Extended Season Boys' Basketball Coach. Please send a Letter of Application, resume, and proof of meeting the requirements in the IJSA by-law 2.070 "Qualifications of Coaches" to Mr. William Brayfield, SIJHSAA Athletic Director, Johnston City C.U.S.D. #1, 1113 Grand Ave., Johnston City, IL 62951

KITCHEN HELP Chartwells is now hiring. Please call 618-983-6404 for more information or to apply

SCHOOL BUS MONITORS AND DRIVERS Illinois Central School Bus is hiring school bus monitors and drivers. Contact the Illinois Central Bus Garage at 618-800-6402

SUBSTITUTE CUSTODIANS Candidates must pass a criminal background check. Those interested in applying should complete an application available at the Johnston City C.U.S.D. #1 Unit Office, 1113 Grand Ave., Johnston City, IL 62951

Volunteer Positions

RENOVATIONS & YARD WORK. Volunteer help needed for basic carpentry, flooring installation, painting (interior & exterior), outside clean-up. JCity Center, 618-952-1272

AV/SOUND TECH. JCity Church is seeking volunteers to assist during services w/ livestream, video projection, & sound. Email jcitychurchfb@gmail.com

Sept 27 2023

If you look for me wholeheartedly, you will find me. Matthew 9:10-13

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wholehearted FEB 2013
SEE YOU AT THE POLE™
GLOBAL DAY OF STUDENT PRAYER



Family Worship Center

400 W. 13th St.
Johnston City, IL,
(618) 952-1280
Pastors Brad & Kelly Dexter

First Baptist Church

401 E. 7th St.
Johnston City, IL 62951
(618) 983-6455
Larry Stevens, pastor

*First Christian Church

505 E. Broadway Blvd.
Johnston City, IL 62951
618-983-6474
Adam King, pastor

*First United Methodist Church

400 W. Broadway
Johnston City, IL 62951
618-983-5150
Sherry Cisneros, pastor

Gospel Mission Church

1100 Peterson Ave.
Johnston City, IL 62951

*Heritage Fellowship

(Church of God of Prophecy)
308 W. 12th St.
Johnston City, IL 62951
Pastors Gaylon & Dawn Stewart

*JCity Church

(Free Will Baptist)
609 Monroe
Johnston City, IL 62951
618-983-5254
Dr. Randy Carney, pastor

*active members of the Johnston City Ministerial Alliance

Johnston City United Pentecostal Church

1101 W. 10th
Johnston City, IL 62951
618-983-5938
Brandon Abernathy, pastor

*St. Paul's Catholic Church

1103 Washington Ave.
Johnston City, IL 62951
618-983-5073
Father Brian Barker

*Washington Ave.

Baptist Church
9th and Washington
Johnston City, IL 62951
Barry Robertson, pastor
618-694-2995

Other Christian Ministries

*JC Kids' Lunch Bunch
c/o JCity Church (see above)

*JCity Center for Hope and Renewal

504 E. Broadway Blvd.
Johnston City, IL 62951
618-952-1272

*Manna Mission

306 E Broadway Blvd.
Johnston City, IL 62951
618-983-6262



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To submit news items, story ideas, events, employment/volunteer opportunities, donations, please call 618-952-1272 or email jcitycenter@gmail.com. All items for publication must pertain to events, individuals, or jobs located within Johnston City, Illinois.

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JCity SPORTS NEWS

Indians burn Bearcats in sizzling season opener



TURNOVER IN PROGRESS: Jude Beers (#9), senior defensive linebacker, recovers a Bearcat fumble in the first game of the season. (PHOTO: Shooting Star Sports)

BY DOUG HANCOCK
The season opener for JCHS football came with sweltering weather, as Indians faced temperatures in the high 80s and even higher humidity. Coach Todd Thomas displayed a stingy defense and a punishing running game enroute to a 32-12 victory over Christopher-ZR. With the game secure, Coach Thomas gave

valuable playing time to underclassmen to acclimate them, as the JV began their season August 28.

Fans hoping to see the Indians' passing attack will have to wait for upcoming games, as Thomas is keeping his cards close to his vest for future foes.

Fridays in September feature a pair of home games

against heavyweights El-dorado and Fairfield, and this duo will determine the conference champion. Come out and support your hometown heroes. Unless delayed due to heat, as was the opener, all games kick-off at 7:00 pm.

Other fall programs are in full swing at the middle school and high school

levels. Washington Middle School's baseball and softball are halfway through the season, while cross country for both is just beginning. Varsity volleyball has a half dozen matches completed, and all squads are improving as the school year progresses. Look for more coverage of these teams in next month's *Arrow News*.

Recovery (cont. from p. 1) writes, "We believe that people can and do recover when they have the necessary support and resources to do so."

As a faith-based Recovery Community Organization, Take Action Today, Inc. is a 501c3 nonprofit and currently serves Franklin, Jackson, Jefferson, Perry, and Williamson Counties. JCity Center for Hope and Renewal, as a TAT recovery resource center, offers recovery support, laundry facilities, a shower, food, and Narcan (an over-the-counter opioid overdose treatment). Through its other partnerships and ministries, the Center also provides clinical-level mental health counseling and trauma treatment to support TAT participants and individuals willing to invest in our community in exchange for counseling sessions.



JCity couple make memories at Mother-Son Dance

BY TIM HASTINGS
Nine-year-old Johnston City resident Quentin Cullum and his mother Sarah Hobbs danced under red, blue, and yellow disco lights at the Eighth Annual Mother-Son Dance at The Pavilion in Marion on Friday night, August 18.

"I invited my son," Hobbs said. "After all, it's 2023."

Quentin said he'd return the favor next year.

Approximately 20 moms attended. Most of the sons were age 10 and under. Several of the boys displayed energetic dance moves including break dance steps executed while lying on the floor. Dancers also enjoyed cookies, punch, and salty snacks.



TIM HASTINGS, Reporter

Experienced Reporter Joins Arrow Staff

Arrow News happily welcomes new volunteer reporter Tim Hastings. An experienced newspaper journalist, Tim has written for the *West Frankfort Daily American* and the *Franklin County Weekly Gazette*. He currently contributes a monthly column of his Baby Boomer childhood memories to *Senior Views*.

SIDE BY SIDE—Quentin Cullum, age 9 of Johnston City, dances with his mom Sarah Hobbs at the 8th Annual Mother-Son Dance at The Pavilion (PHOTO: Tim Hastings)



2023-2024 (Sept.-Oct.) HIGH SCHOOL & MIDDLE SCHOOL FALL SPORTS SCHEDULE

VARSITY FOOTBALL

DATE:	OPPONENT:	TIME:
SEPT 1ST	EDWARDS COUNTY	7:00 PM
SEPT 8TH	ELDORADO	7:00 PM
SEPT 15TH	FAIRFIELD	7:00 PM
SEPT 22ND	FLORA	7:00 PM
SEPT 29TH	HAMILTON COUNTY	7:00 PM
OCT 7TH	VIENNA	1:00 PM
OCT 13TH	SESSER-VALER SENIOR NIGHT/HOMECOMING	7:00 PM
OCT 20TH	CRAM-WHITE COUNTY	7:00 PM

VOLLEYBALL

DATE:	OPPONENT:	TIME:
SEPT 5TH	ZIGLER-ROYALTON	5:00 PM
SEPT 7TH	CHRISTOPHER	5:00 PM
SEPT 9TH	TOURNAMENT	TBA
SEPT 12TH	TRICO	5:00 PM
SEPT 14TH	VIENNA	5:00 PM
SEPT 16TH	SHULTZ	5:00 PM
SEPT 19TH	WEBER TOURNAMENT	TBA
SEPT 21TH	GOREVILLE	5:00 PM
SEPT 23TH	WEBER	5:00 PM
SEPT 26TH	WATSON TOURNAMENT	TBA
OCT 3RD	GOREVILLE	5:00 PM
OCT 5TH	CHRISTOPHER	5:00 PM
OCT 10TH	SESSER-VALER	5:00 PM
OCT 12TH	TRICO	5:00 PM
OCT 17TH	VIENNA	5:00 PM
OCT 19TH	SESSER-VALER	5:00 PM

CROSS COUNTRY

DATE:	OPPONENT:	TIME:
SEPT 4TH	HIGH SCHOOL	TBA
SEPT 13TH	DU QUAIN	TBA
SEPT 18TH	GOREVILLE	4:00 PM
SEPT 20TH	VIENNA	4:00 PM
SEPT 24TH	CRATERVILLE	4:00 PM
SEPT 25TH	FRANKFORT	3:00 PM
SEPT 27TH	VIENNA	4:30 PM
OCT 9TH	HAMILTON COUNTY	4:00 PM
OCT 11TH	BDC CC MEET	TBA
OCT 20TH	CRATERVILLE	11:00 AM

DATE:	OPPONENT:	TIME:
SEPT 2ND	204 PINCKNEYVILLE	10:00 AM
SEPT 9TH	NEW HORIZON RAIN	12:00 PM
SEPT 18TH	BENTON INVITATIONAL	TBA
SEPT 25TH	BENTON INVITATIONAL	TBA
SEPT 29TH	UNITY CHRISTIAN	1:00 PM

WMS BASEBALL

DATE:	OPPONENT:	TIME:
SEPT 1ST	CENTRAL	4:30 PM
SEPT 5TH	CENTRAL	4:30 PM
SEPT 7TH	GOREVILLE	4:30 PM
SEPT 8TH	GOREVILLE	4:30 PM
SEPT 9TH	ZR INVITATIONAL	11:00 AM
SEPT 11TH	SESSER	4:30 PM
SEPT 13TH	SESSER	4:30 PM

WMS SOFTBALL

DATE:	OPPONENT:	TIME:
SEPT 1ST	CENTRAL	4:30 PM
SEPT 5TH	CENTRAL	4:30 PM
SEPT 7TH	GOREVILLE	4:30 PM
SEPT 8TH	GOREVILLE	4:30 PM
SEPT 11TH	SESSER-VALER	4:30 PM
SEPT 13TH	SESSER-VALER	4:30 PM

GOLF

DATE:	OPPONENT:	TIME:
SEPT 5TH	ELDORADO	4:00 PM
SEPT 11TH	GOREVILLE	4:00 PM
SEPT 14TH	WOODLAW	TBA
SEPT 19TH	ELDORADO	4:00 PM
SEPT 20TH	BDC CONFERENCE GIRLS	9:00 AM
SEPT 21ST	BDC CONFERENCE BOYS	9:00 AM

*Red indicates away games

a newspaper distributed in Williamson and surrounding counties. A former publicist for the Caleb Bike Farm Petting Zoo, once located at the corner of Rt. 37 and County Line Road south of West Frankfort, Tim says he is enjoying the new (to him) experience of conducting video interviews for the JCity Arrow podcast.

Hastings works part-time year-round conducting the American Community Survey for the U.S. Census Bureau in Franklin and Williamson Counties. He is also a janitor at First Baptist Church of West Frankfort. Tim is married to Virginia, who taught math and biology for many years at Agape Christian High School in Marion. They are the parents of Laurel (Preston) Sink and Anne (Isaac) Vana, and grandparents of one girl and three boys. Tim and Ginny enjoy hiking and often visit the trail circling JCity's beautiful Arrowhead Lake. Tim enjoys reading nonfiction and Ginny enjoys reading fiction. The couple lives in West Frankfort.

September is
NATIONAL RECOVERY MONTH
RECOVERY IS FOR EVERYONE
Every Person
Every Family
Every Community

HERE'S A GREAT IDEA!

Your business or organization could sponsor this publication, your tax-deductible donation will help cover printing costs, and information about your organization can fill this space or more.
Contact us at 618-952-1272 or jcitycenter@gmail.com

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HOPE and RENEWAL
Rebuilding Bridges to a Better Life... a Better Community